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Cardiovascular Health Support

Hawthorn Extract Capsule

Maintains Cardiovascular Health

Nutritional Information

Hawthorn (Crataegus Monogyna, Fruit).....	350 mg
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Garlic Extract Capsule

Reduces Blood Elevated Lipid Level.

Nutritional Information

Garlic (Allium Sativum, 2.5 mg Allicin, 5 mg Allin, Bulb).....	500 mg
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Green Coffee Bean Extract Capsule

Complement a Healthy Lifestyle With Calorie Reduced Diet and Regular Physical Activity.

Nutritional Information

Green Coffee Bean Extract (50% Chlorogenic acid).....	.800 mg
Garcinia Cambogia Extract (50A% hydroxycitric acid) (fruit rind).....	.100 mg
Caffeine.....	.100 mg
Green Tea Extract (dried leaves).....	.100 mg
(Typically providing 98% polyphenols, 75% catechins, 45% epigallocatechin-3-P-gallate and 3% caffeine)	

Cardio Support Formula Capsule

Supports cardiovascular health in adults.

Nutritional Information

Garlic Bulb Extract.....	.60 mg
Hawthorn Fruit Extract.....	.160 mg
Ginkgo Fruit Extract (24% Flavanoids).....	.150 mg
L-Arginine.....	.100 mg
Zinc.....	.16 mg

Lipid Control Formula Capsule

Reduces elevated blood lipid levels.

Nutritional Information

Hawthorn (Crataegus Monogyna, Fruit).....	350 mg
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CO-Q-10 Softgel

Supports cardiovascular health.

Nutritional Information

Coenzyme Q10.....	.10 mg
Vitamin E (Vitamin E, Vitis vinifera - Seed).....	.5 international units

Respiratory Health Support

Licorice Root Extract

Capsule

Helps relieve chest complaints.

Nutritional Information

Licorice (Glycyrrhiza glabra).....500 mg
(200 mg Glycyrrhizin, 5:1, QCE 2500 mg)

Garlic Extract

Capsule

Helps relieve symptoms associated with upper respiratory tract infections.

Nutritional Information

Garlic (Allium sativum).....500 mg
(2.5 mg Allicin, 5 mg Alliin, 5:1, QCE 2500 mg)

Echinacea

Capsule

Relieves symptoms of upper respiratory tract infections/sore throats.

Nutritional Information

Echinacea (Echinacea ngustifolia, root and rhizome).....400 mg

Cough & Cold Formula

Capsule

Helps to relieve chest complaints like cough, dry cough, chest congestion and bronchitis symptoms.

Nutritional Information

Licorice (Glycyrrhiza Glabra, Root) (5:1).....	200 mg
Malabar-nut (Justicia Adhatoda, Leaf) (5:1).....	75 mg
Peppermint (Mentha x Piperita, Leaf) (4:1).....	7.5 mg
Holy Basil (Ocimum Tenuiflorum, Leaf) (9:1).....	50 mg
Long pepper (Piper Longum, Leaf) (4:1).....	16.6 mg
Yellow-fruit nightshade (Solanum Virginianum,Root)(10:1).....	75 mg
Ginger (Zingiber Officinale, Root) (4:1).....	16.6 mg

Urinary Track Health Support

Tribulus Extract

Capsule

Traditionally used as **Mutrala** (diuretic),
and **Vrsya** for men.

Nutritional Information

Gokshura (*Tribulus terrestris*, Fruit).....500 mg
(20% Steroidal Saponins, 20:1, QCE 10000 mg)

Cranberry Extract Extra Strength

Capsule

Helps prevent Urinary Tract Infection.

Nutritional Information

Cranberry (*Vaccinium macrocarpon*, Fruit).....600 mg
(25:1, QCE 15 Grams)

Cranberry Extract

Capsule

Helps prevent Urinary Tract Infection.

Nutritional Information

Cranberry (*Vaccinium macrocarpon*, Fruit).....475 mg
(20:1, QCE 9.5 Grams)

Dandelion Extract

Capsule

Used in Herbal Medicine as diuretic.

Nutritional Information

Dandelion (*Taraxacum officinale*, Whole plant)500 mg
(10:1, QCE 5000 Grams)..

Diuretic Formula

Capsule

Used in Herbal Medicine as diuretic.

Nutritional Information

Vitamin B6 (Pyridoxine).....	25 mg
Juniper (<i>Juniperus communis</i> , Fruit).....	50 mg
(10:1, QCE 500 mg)	
Dandelion (<i>Taraxacum officinale</i> , Leaf).....	150 mg
(10:1, QCE 1500 mg)	
Uva Ursi (<i>Arctostaphylos uva-ursi</i> , Leaf).....	60 mg
(10:1, QCE 600 mg)	
Magnesium (Magnesium gluconate).....	50 mg
L-Carnitine (L-levocarnitine).....	50 mg

Digestive Health Support

Bilberry Extract

Capsule

Used as an astringent to help relieve diarrhoea.

Nutritional Information

Bilberry (*Vaccinium myrtillus*, Fruit) 500 mg
(36% Anthocyanosides, 20:1, QCE 10000 mg)

Artichoke Leaf Extract

Helps relieve digestive disturbances.

Nutritional Information

Artichoke (*Cynara cardunculus*, Leaf) 700 mg
(12:1, QCE 8400 mg)

Licorice Root Extract

Relieves inflammatory conditions of the gastrointestinal tract.

Nutritional Information

Licorice (*Glycyrriza glabra*, Root) 500 mg
(200 mg Glycyrrhizin, 5:1, QCE 2500 mg)

Ginger Capsule

Helps relieve digestive disturbances.

Nutritional Information

Ginger (*Zingiber officinale*, Root) 850 mg
(4:1, QCE 3400 mg)

Turmeric Extract

Capsule

Used in Herbal Medicine to aid digestion and to help relieve flatulent dyspepsia.

Nutritional Information

Turmeric (*Curcuma Longa*, Rhizome) 500 mg
(10:1, QCE 5000 milligrams)

Cayenne Extract

Capsule

Used in Herbal Medicine to aid digestion.

Nutritional Information

Cayenne (*Capiscum annuum*, Fruit) 100 mg
(4:1, QCE 400 milligrams)

Kutki Extract

Capsule

Helps stimulate appetite and aid digestion.

Nutritional Information

Kutki (*Picrorhiza kurrooa*, Root) 500 mg
(4:1, QCE 2000 milligrams)

Milk Thistle Extract

Capsule

Helps relieve digestive disturbances.

Nutritional Information

Milk Thistle (*Silybum marianum*, Fruit) 120 mg
(80% Silymarin, 30:1, QCE 3600 milligrams)

Tribulus Extract

Capsule

Used in Ayurveda to help relieve Arsa (haemorrhoids)

Nutritional Information

Gokshura (*Tribulus terrestris*, Fruit) 500 mg
(20% Steroidal Saponins, 20:1, QCE 10000 mg)

Digestive Health Support

Bromelain

Capsule

Digesive enzyme.

Nutritional Information

Bromelain (Stem bromelain, Stem bromelain, Ananas comosus var, Stem)	45000 papain units (500 mg)
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Digestive Enzymes

Capsule

Prevents gastrointestinal intolerance of fermentable carbohydrates, reduces gas production.

Nutritional Information

Glucoamylase (1,4-alpha-D-Glucan glucohydrolase, 1,4-alpha-glucosidase).....	10 mg
Alpha-Amylase (4-alpha-D-Glucan glucanohydrolase).....	50 mg
Lactase (beta-D-Galactoside galactohydrolase).....	10 mg
Malt diastase.....	4.012 mg
Fungal protease.....	127.5 mg
Stem bromelain.....	33.333 mg
Lipase (Triacylglycerol lipase).....	16.667 mg
Alpha-Galactosidase (alpha-D-Galactoside galactohydrolase)....	10 mg
Invertase (beta-D-fructofuranoside fructohydrolase).....	4.25 mg

Amla Extract

Capsule

Helps to build a better immune system.

Nutritional Information

Amla (Phyllanthus Emblica, Fruit) (4:1).....	435 mg
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Laxative Formula

Capsule

Helps rejuvenate the membrane lining of the digestive tract.

Nutritional Information

Licorice (Glycyrrhiza Glabra, Root) (5:1) 20% Glycyrrhizin).....	15 mg
Amla (Phyllanthus Amblica, Fruit) (4:1).....	83.3 mg
Senna (Senna Alexandrina, Leaf) (10:1)10% Sennosides.....	75 mg
Beleric Myrobalan (Terminalia Bellirica, Fruit)(4:1).....	83.3 mg
Chebulic Myrobalan (Terminalia Chebula, Fruit) (4:1).....	83.3 mg

Blessed Fenugreek Formula

Capsule

Digestive tonic to aid digestion, Stimulate the appetite and helps relieve gastritis and dyspepsia.

Nutritional Information

Fenugreek (Trigonella foenum-graecum, Seed) (10:1, QCE 2000 mg).....	200 mg
Blessed thistle (Cnicus benedictus, Herb top).....	250 mg

Prostate Health Support

Pygeum Stem Bark Extract

Capsule

Reduces urologic symptoms associated with benign prostatic hyperplasia.

Nutritional Information

Pygeum (*Prunus africana*, Stem bark) (12% Phytosterols, 20:1 QCE 4000 mg).....200 mg

Saw Pawmetto Extract

Capsule

Relieves urologic symptoms associated with mild to moderate benign prostatic hyperplasia.

Nutritional Information

Saw Palmetto (*Serenoa Repens*, Fruit).....500 mg

Sleep Support

Melatonin

Tablets

Helps to re-set the body's sleep-wake cycle.

Nutritional Information

Melatonin (N-Acetyl-5-methoxytryptamine).....5 mg

Valerian Root Extract

Capsule

Helps to promote sleep.

Nutritional Information

Valerian (*Valeriana officinalis*, Root).....500 mg

5-HTP

Tablet

Used as sleep aid and helps to relieve nervousness.

Nutritional Information

L-5-HTP (5-Hydroxy-L-tryptophan, 5-HTP).....50 mg

5-HTP

Capsule

Used as sleep aid and helps to relieve nervousness.

Nutritional Information

L-5-HTP (5-Hydroxy-L-tryptophan, 5-HTP).....100 mg

Sleep Care Formula

Capsule

Promotes sleep and helps to relieve nervousness.

Nutritional Information

Hops (*Humulus Lupulus*, Strobiles) (10:1).....50 mg
Chamomile (*Matricaria Chamomilla*, Flower (10:1).....300 mg
Valerian (*Valeriana Officinalis*, Root) (10:1).....50 mg
Ashwagandha (*Withania Somnifere*, Root) (10:1).....100 mg

Eye/Vision Health Support

Bilberry Extract Capsule

Helps slow the progression of disorders of the eye

Nutritional Information

Bilberry (Vaccinium myrtillus, Fruit)	500 mg
(36% Anthocyanosides, 20:1, QCE 10000 mg)	

Lutein Softgel

Antioxidant for the maintenance of eye health

Nutritional Information

Lutein ((3R, 3'R, 6'R)-beta, epsilon-Carotene-3,3'diol, Tagetes erecta-Flower)	20 mg
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Eye/Vision Formula Softgel

Maintain and support eye sight,
Reduce the risk of developing cataracts
Improve macular pigment optical density

Vitamin C (Ascorbic Acid)	125 mg
Vitamin C (Calcium Ascorbate)	250 mg
Vitamin E (d-alpha Tocopherol acid succinate)	134 mg
Lutein ((3R,3'R,6'R)-beta, epsilon-Carotene-3,3'diol, Lutein(USP)) ..	5 mg
Beta-carotene	1500 mcg
Thiamine (Thiamine mononitrate)	1 mg
Folic Acid (Folate)	400 mcg
Zinc (Zinc gluconate)	12.5 mg
Selenium (Selenomethionine)	100 mcg

Hair/Skin/Nail

HSN Gummy

Helps to maintain healthy hair/skin/nails.

Nutritional Information

Vitamin B5	25 mg
Vitamin B6	25 mg
Vitamin C	25 mg
Vitamin E5 mg
Biotin	250 mcg
Silicon	25 mg
Iron25 mg
L-Cysteine	50 mg
L-Lysine	50 mg
L-Methionine	25 mg

HSN & Fruits Powder

Helps to maintain healthy hair/skin/nails.

Nutritional Information

Pantothenic Acid	25 mg
Vitamin B6	25 mg
Vitamin C	25 mg
Vitamin E5 mg AT
Biotin	250 mg
Silicon	25 mg
Iron25 mg
L-Cysteine	50 mg
L-Lysine	50 mg
L-Methionine	25 mg
Ananas Comosus var. comosus	1500 mg
Actinidia deliciosa	500 mg
Citrus reticulata	1500 mg
Daucus carota	200 mg
Fragaria x ananassa	500 mg
Mangifera indica	1500 mg
Myrciaria Dubra	1500 mg

HSN Capsules

Helps to maintain healthy hair/skin/nails.

Nutritional Information

Vitamin B5	25 mg
Vitamin B6	25 mg
Vitamin C	25 mg
Vitamin E5 mg
Biotin	250 mcg
Silicon	25 mg
Iron25 mg
L-Cysteine	50 mg
L-Lysine	50 mg
L-Methionine25 mg
Hydrolyzed collagen	100 mg

Blood Sugar Control

ALA

Capsule

Helps to promote healthy glucose metabolism.

Nutritional Information

DL-alpha-Lipoic acid.....	300 mg
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Sugar Control Formula

Capsule

Supports for healthy glucose metabolism.

Chromium.....	100 mcg
Enicostema axillare subsp. Littorale (Whole Plant)(10:1).....	50 mg
Gymnema (Gymnema sylvestre, Leaf)(15:1) (25% Gymnemic Acids).....	200 mg
Bitter Melon (Momordica charantia, Fruit)(10:1).....	70 mg
Chancapiedra (Phyllanthus niruri, Root)(10:1).....	50 mg
Shilajeet.....	50 mg
Jambolan (Syzygium cumini, Seed) (10:1).....	70 mg

Female Sexual Health Support

Maca Extract

Capsule

Helps to support emotional aspects of sexual health.

Nutritional Information

Maca (Lepidium meyenii, Root).....	750 mg
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Meno Pause Support Formula

Capsule

Help reduce severe and frequent menopausal symptoms.

Nutritional Information

Black Cohosh (Actaea Racemosa, Root) (4:1).....	.5 mg
St. John's Wort (Hypericum Perforatum, Herb Top Flowering) (8:1).....	100 mg
Red Clover (Trifolium Pratense, Flower) (12:1).....	300 mg
Chaste Tree (Vitex Agnus-Cactus, Fruit) (4:1).....	85 mg

Female Sexual Support Formula

Capsule

Help support Sexual health and healthy mood balance during menopause.

Nutritional Information

Shatavari (Asparagus Racemosus, Root) (10:1).....	100 mg
Ginkgo biloba (Leaf)(30:1)(24% Flavonoid Glycosides,6% Terpene Lactones).....	150 mg
L-Arginine.....	100 mg
Maca (Lepidium Meyenii, Root) (15:1)	200 mg
Muira Puama (Ptychopetalum Olacoides, Aged Bark) (10:1).....	35 mg
Damiana (Turnera Diffusa, Leaf)(10:1).....	50 mg
Ashwagandha (Withania Somnifera, Root)(10:1).....	50 mg

Male Sexual Health Formula

Capsule

Supports physical aspects of sexual health in men.

Nutritional Information

Tongkat Ali (Eurycoma Longifolia, Root) (10:1).....	5 mg
Ginkgo Biloba (Leaf) (30:1) (24% Flavonoid Glycosides,6% Terpene Lactones).....	70 mg
L-Arginine.....	25 mg
Velvet-bean (Mucuna Pruriens, Seed)(10:1).....	25 mg
Korean Red Ginseng (Panax Ginseng, Root)(10:1).....	135 mg
Tribulus (Tribulus Terrestris, Fruit)(10:1).....	50 mg
Ashwagandha (Withania Somnifera, Root)(10:1).....	100 mg

Male Desensitizer

Spray

Desensitizing spray for men.

4-Aminobenzoic acid, ethyl ester (Benzocaine, para-Aminobenzoic acid)	7.5%
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Immune Support

Astragalus Extract

Capsule

Maintain healthy immune system.

Nutritional Information

Astragalus (Astragalus membranaceus, Root) (4:1, QCE 2800 mg)

Reishi Extract

Capsule

Supports the immune system.

Nutritional Information

Reishi (Ganoderma lucidum, Cultured mycelia).....250 mg
(20% Polysaccharides, 20:1, QCE 5000 mg)

Immune Support Formula

Capsule

Helps maintain healthy immune function.

Nutritional Information

Chlorella vulgaris (Whole plant Extract) (10:1).....200 mg
Amla (Phyllanthus Emblica, Fruit) (4:1).....60 mg
Tinospora cordifolia (Stem) (10:1).....180 mg
Zinc.....1.2 mg

Colostrum

Capsule

Helps to support the immune system.

Nutritional Information

Bovine Colostrum (Bos taurus-Colostrum).....500 mg

Liver Health Support

Milk Thistle Extract

Capsule

Traditionally used in Herbal Medicine as a liver protectant.

Nutritional Information

Milk Thistle (Silybum marianum, Fruit).....120 mg
(80% Silymarin, 30:1, QCE 3600 milligrams)

Reishi

Capsule

Liver tonic.

Nutritional Information

Reishi (Ganoderma lucidum, Cultured mycelia).....250 mg
(20% Polysaccharides, 20:1, QCE 5000 mg)

Liver Care Formula

Capsule

Supports healthy liver function.

Nutritional Information

Red Spiderling (Boerhavia Diffusa, Root)(10:1).....40 mg
Eclipta (Eclipta Prostrata, Root) (10:1).....40 mg
Picrorhiza ((Picrorhiza Kurrooa, Root and Rhizome) (8:1).....175 mg
Milk thistle (Silybum Marianum, Seed) (30:1).....50 mg
Arjuna Stem (Terminalia Arjuna, Bark) (8:1).....50 mg
Tinospora Cordifolia (Stem) (10:1).....40 mg

Brain/Cognition/Stress Relief Support

Ashwagandha Extract

Capsule

Rejuvenative tonic,
memory enhancer,
nervine tonic and sedative.

Nutricional Information

Ashwagandha (*Withania somnifera*, Root).....500 mg (10:1, QCE 5000 milligrams)

Rhodiola Root Extract

Capsule

Relieves Stress
Supports Cognitive Function.

Nutricional Information

Rhodiola (*Rhodiola Rosea*, 4% Rosavins, Root).....200 mg

Bacopa Leaf Extract

Capsule

Used for memory enhancement.

Nutricional Information

Bacopa (*Bacopa monnieri*, Leaf) (10 : 1, QCE 2500 mg)..... 250 mg
Bacopa (*Bacopa monnieri*, Leaf) 250 mg

Ginkgo biloba Extract

Capsule

Helps to enhance cognitive
fucntions/memory in adults.

Nutricional Information

Ginkgo (*Ginkgo biloba*, Leaf)(24% Flavonoid glycosides, 10:1, QCE 5000 mg)..... 500 mg

Reishi Extract

Capsule

Helps increase energy and
resistance to stress.

Nutritional Information

Reishi (*Ganoderma lucidum*, Cultured mycelia).....250 mg
(20% Polysaccharides, 20:1, QCE 5000 mg)

Guduchi/Giloy Extract

Capsule

Helps increase energy and
resistance to stress.

Nutritional Information

Guduchi (*Tinospora cordifolia*, Stem)(4:1, QCE 1620 mg).....450 mg

Guarana Extract

Capsule

Promotes alertness and
wakefulness.

Nutritional Information

Guarana (*Paullinia cupana*, Seed)
(10% Caffeine, 10:1, QCE 1000 mg).....250 mg

Caffeine

Capsule

Enhances cognitive
performance.

Nutritional Information

Caffeine (1,3,7-Trimethylxanthine).....200 mg

St. John's Wort

Capsule

Helps relieve nervousness

Nutritional Information

St John's wort (*Hypericum perforatum*, Herb top).....300 mg

Brain/Cognition/Stress Relief Support

Relax Mood Formula

Capsule

Promotes healthy mood balance.

Nutritional Information

Griffonia Simplicifolia (20% 5-HTP).....	20 mg
St. John's Wort (Hypericum Perforatum, Herb Top Flowering) (8:1).....	300 mg
Ashwagandha (Withania Somnifera, Root) (10:1).....	100 mg

Memory Enhancement Formula

Capsule

Supports memory enhancement.

Nutritional Information

Jyotismati (Celastrus Paniculatus, Seed)(5:1).....	60 mg
Convolvulus Prostratus (Convolvulus Prostratus, Whole plant) (10:1).....	60 mg
Ginkgo Biloba (Leaf) (30:1)(24% Flavonoid Glycosides).....	160 mg
Bacopa (Bacopa Monnieri, Leaf)(10:1).....	200 mg

Bone & Joint Health Support

Hydrolyzed Fish Collagen

Powder

Helps relieve joint pain associated with osteoarthritis.

Nutritional Information

Hydrolyzed Collagen (Hydrolyzed collagen, Fish).....	7.8 g
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Boswellia Extract

Capsule

Helps to relieve joint pain and swelling associated with osteoarthritis.

Nutritional Information

Boswellia (Boswellia serrata, Stem bark oleogum resin) (40% Boswellic acids, 10:1, QCE 3000 mg).....	300 mg
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Bone health Formula

Capsule

Helps to maintain cartilage and joint health.

Nutritional Information

Calcium Citrate (1,2,3-Propanetricarboxylic acid, 2-hydroxy-, calcium salt).....	100 mg
Glucosamine Sulfate (2-amino-2-deoxy-D-glucose sulfate).....	500 mg
Boswellia (Boswellia serrata).....	50 mg
Chondroitin Sulfate.....	100 mg
Turmeric (Curcuma longa, Rhizome) (10:1).....	50 mg
MSM (Dimethyl sulfone).....	50 mg
Fenugreek (Trigonella foenum-graecum, Seed) (10:1).....	50 mg

Joint Health Formula

Capsule

Helps relieve joint pain associated with osteoarthritis.

Nutritional Information

Glucosamine sulfate (2-amino-2-deoxy-D-glucose sulfate)	450 mg
Chondroitin sulfate.....	300 mg
MSM (Methylsulfonylmethane).....	.50 mg

Weigh loss/Management Support

White Kidney Bean Extract Capsule

Used in weight management program.

Nutritional Information

White Kidney Bean Extract (*Phaseolus vulgaris* - Seed) (10:1, QCE 7000 mg).....700 mg

Garcinia Extract Capsule

Helps to temporarily increase satiety/feeling of fullness.

Nutritional Information

Malabar tamarind (*Garcinia gummi-gutta*, Fruit) (60% Hydroxycitric acid, 4:1 , QCE 2000 mg).....500 mg

Green Coffe Bean Extract Capsule

Used as a complement in calorie-reduced diet for individuals in weight management program.

Nutritional Information

Green Coffee Bean Extract (*Coffea arabica* - Seed) (50% Chlorogenic acids, 20 mg Caffeine, 4:1, QCE 2000 mg).....500 mg

Aim Active Formula Capsule

Helps improve digestion and reduce gastrointestinal problems.

Nutritional Information

Prickly chaff-flower (*Achyranthes Aspera*, Root) (8:1).....625 mg

Pain/Inflammation Support

Turmeric Extract Capsule

Used in herbal medicine as an anti-inflammatory.

Nutritional Information

Turmeric (*Curcuma Longa*, Rhizome).....500 mg (10:1, QCE 5000 milligrams)

Boswellia Extract Capsule

Helps to relieve joint pain and swelling associated with osteoarthritis.

Nutritional Information

Boswellia (*Boswellia serrata*, Stem bark oleogum resin) (40% Boswellic acids, 10:1, QCE 3000 mg).....300 mg

Serrapeptase Capsule

Reduction of symptoms associated with ear, nose and throat infection.

Nutritional Information

Serratopeptidase (Serrapeptase).....60 mg

Neem Capsule

Antipyretic and helps to reduce Fever (Jvara)
Helps in relieving itching associated with Eczema

Nutritional Information

Azadirachta Indica (Neem Flower, Leaf and Stem) 500 mg (2 : 1, 1000 mg)

Antioxidants

Green Tea Extract Capsule

Nutritional Information

Green Tea Extract (Camellia sinensis, Camellia sinensis, Leaf) (8:1, QCE 4000 mg).....500 mg

Mulberry Extract Capsule

Nutritional Information

Green Tea Extract (Camellia sinensis, Camellia sinensis, Leaf) (8:1, QCE 4000 mg).....500 mg

Cordyceps Extract Capsule

Nutritional Information

Ophiocordyceps sinensis (Stroma) (4:1, QCE 2000 mg).....500 mg

Coconut Oil Softgel

Nutritional Information

Cocos Nucifera (Cocos Nucifera , Seed Endosperm).....1000 mg

Spirulina Tablets

Nutritional Information

Spirulina (Arthospira platensis, Whole).....500 mg

Acai Berry Capsule

Nutritional Information

Acai (Euterpe oleracea, Fruit).....500 mg

Chlorophyll Capsule

Nutritional Information

Chlorophyllin copper complex sodium100 mg

Moringa Leaf Powder Extract Capsule

Nutritional Information

Moringa (Moringa oleifera, Leaf) (10 : 1, QCE 2500 mg) 250 mg

Moringa (Moringa oleifera, Leaf) 200 mg

Bilberry Extract Capsule

Nutritional Information

Bilberry (Vaccinium myrtillus, Fruit)500 mg
(36% Anthocyanosides, 20:1, QCE 10000 mg)

Rodhiola Extract Capsule

Nutricional Information

Rhodiola (Rhodiola Rosea, 4% Rosavins, Root).....200 mg

Reishi Capsule

Nutritional Information

Reishi (Ganoderma lucidum, Cultured mycelia).....250 mg
(20% Polysaccharides, 20:1, QCE 5000 mg)

Spirulina Capsule

Nutritional Information

Spirulina (Arthospira platensis, Whole).....500 mg

Oregano Oil Softgel

Nutritional Information

Oregano (Origanum vulgare, Leaf) (10:1, QCE 1500 mg).....150 mg

Astaxanthin Capsule

Nutritional Information

Astaxanthin (3,3'-dihydroxy-4,4'-diketo-beta-carotene, Astaxanthin, *Pandalus borealis* - Internal shell).....10 mg

Resveratrol Capsule

Nutritional Information

Resveratrol (5-[(1E)-2-(4-Hydroxyphenyl)ethenyl]-1,3-benzenediol, *Reynoutria japonica*, Root).....100 mg

Green Coffe Bean Extract Capsule

Nutritional Information

Green Coffee Bean Extract (*Coffea arabica* - Seed) (50% Chlorogenic acids, 20 mg Caffeine, 4:1, QCE 2000 mg).....500 mg

Co-Q-10 Sotfgel

Nutritional Information

Coenzyme Q10.....10 mg
Vitamin E (Vitamin E, *Vitis vinifera* - Seed).....5 international units

Vitamins, Minerals and Essentials

Evening Primrose Oil

Softgel

Essential fatty acids for the maintenance of good health.

Nutritional Information

Evening Primrose Oil (Oenothera biennis, Oenothera biennis - Seed)	500 mg
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Evening Primrose Oil

Softgel

Essential fatty acids for the maintenance of good health.

Nutritional Information

Evening Primrose Oil (Oenothera biennis, Oenothera biennis - Seed)	1000 mg
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Krill Oil

Softgel

Essential fatty acids for the maintenance of good health.

Nutritional Information

Krill Oil (Euphausia pacifica - Whole)	500 mg
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Aim-Healthy Formula

Capsule

Helps the body to form Red Blood Cells.

Nutritional Information

L-Arginine.....	50 mg
Saw Palmetto (Serenoa Repens, Fruit) (40:1) (45% Fatty Acids).....	50 mg
Fenugreek (Trigonella Foenum Graecum, Seed) (10:1).....	100 mg
Vitamin B12.....	10 mcg

Amla

Capsule

Helps to build a better immune system.

Nutritional Information

Amla (Phyllanthus Emblica, Fruit) (4:1).....	435 mg
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Age 50 + Formula

Capsule

Supports overall good health.

Nutritional Information

Garlic (Allium Sativum, Bulb) (20:1).....	15 mg
Beta carotene.....	2000 mcg
Calcium.....	33 mg
Ginkgo biloba (Leaf) (50:1).....	80 mg
Chamomile (Matricaria Chamomille, Flower)(10:1).....	75 mg
Korean ginseng (Panax Ginseng, Root)(10:1).....	25 mg
Milk thistle (Silybum Marianum, Seed)(30:1).....	50 mg
Vitamin D.....	12.5 mcg
Ashwagandha (Withania Somnifera, Root)(10:1).....	100 mg
Zinc.....	4 mg

Multivitamin Formula

Tablet

Helps normal growth and development.

Nutritional Information

Vitamin A.....	1300 mcg
Ascorbic Acid (Vitamin C).....60 mg
Vitamin D3.....	10 mcg
Vitamin B1.....15 mg
Vitamin B2.....	1.7 mg
Vitamin B6.....2 mg
Vitamin B12.....6 mcg
Vitamin B3.....20 mg

Multivitamin Kids Formula

Gummy (Gelatin Free)

Helps normal growth and development.

Nutritional Information

Vitamin A (Vitamin A acetate)	300 mcg RAE (1003.4 IU)
Vitamin C (Vitamin C, Ascorbic Acid)	10 mg
Vitamin D (Vitamin D3, Cholecalciferol)	5 mcg (200 IU)
Vitamin E (Vitamin E, al-alpha Tocopherol acetate)	3.75 mg AT (5.6 IU)
Vitamin B6 (Vitamin B6, Pyridoxine hydrochloride).....	1 mg
Folate (Folic Acid, Folate).....	130 mcg
Vitamin B12 (Vitamin B12, Cyanocobalamin).....	3 mcg
Biotin.....	30 mcg
Pantothenic acid (Vitamin B5, Calcium D-pantothenate).....	2.36 mg
Iodine (Iodine, Potassium iodide)	21 mcg
Zinc (Zinc, Zinc Sulfate).....	1.35 mcg
Choline.....20 mcg
Inositol.....20 mcg

Biotin

Tablet

Helps the body metabolize carbohydrates, fats and proteins.

Nutritional Information

Biotin.....	500 mcg
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Vitamins, Minerals and Essentials

B-Complex

Tablet

Helps normal growth and development.

Nutritional Information

Vitamin B1.....	.50 mg
Vitamin B2.....	.50 mg
Vitamin B3.....	.50 mg
Vitamin B5.....	.50 mg
Vitamin B6.....	.50 mg
Biotin.....	.50 mcg
Vitamin B12.....	.50 mcg
Folic acid	400 mcg
Choline.....	.50 mg
Inositol.....	.50 mg

B-Complex

Liquid

Helps normal growth and development.

Nutritional Information

Vitamin B1.....	.50 mg
Vitamin B2.....	.50 mg
Vitamin B3.....	.50 mg
Vitamin B5.....	.50 mg
Vitamin B6.....	.50 mg
Biotin.....	.50 mcg
Vitamin B12.....	.50 mcg
Folic acid	400 mcg
Choline.....	.50 mg
Inositol.....	.50 mg

Vitamin C

Capsule

Helps in the development and maintenance of bones, cartilage, teeth and gums.

Nutritional Information

Vitamin C (Ascorbic acid).....	500 mg
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Calcium and Magnesium

Capsule

Helps in the development and maintenance of bones and teeth.

Nutritional Information

Magnesium (Magnesium oxide)	250 Milligrams
Calcium (Calcium citrate)	250 Milligrams

Calcium, Magnesium and Zinc

Capsule

Helps in connective tissue formation and maintain healthy skin.

Nutritional Information

Magnesium (Magnesium oxide)	250 Milligrams
Calcium (Calcium citrate)	250 Milligrams
Zinc (Zinc oxide)	25 Milligrams

Magnesium Oxide

Capsule

Helps in tissue formation.

Nutritional Information

Magnesium (Magnesium oxide).....	500 mg
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Magnesium Oxide

Tablet

Helps in tissue formation.

Nutritional Information

Magnesium (Magnesium oxide).....	500 mg
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Magnesium Pidolate

Capsule

Helps in tissue formation and maintain proper tissue function.

Nutritional Information

Magnesium (Magnesium pidolate).....	400 mg
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Probiotics 40

Capsule

Helps support intestinal/gastrointestinal health.

Nutritional Information

Lactobacillus acidophilus.....	10000000000 colony forming units
Bifidobacterium animalis subsp.lactis.....	10000000000 colony forming units
Lactobacillus plantarum.....	10000000000 colony forming units
Lactobacillus paracasei.....	10000000000 colony forming units

Vitamins, Minerals and Essentials

Probiotics 20

Capsule

Helps support intestinal/
gastrointestinal health.

Nutritional Information

Lactobacillus acidophilus.....1000000000 colony forming units
Bifidobacterium animalis subsp.lactis.....1000000000 colony forming units

Pre-natal Vitamins

Capsules

Source of essential vitamins
to maintain immune function

Nutritional Information

Beta-Carotene.....	3000 mcg
Vitamin C.....	150 mg
Vitamin D3.....	10 mcg(400 IU)
Vitamin E.....	40.2 mg AT (60 IU)
Vitamin B2.....	5 mg
Vitamin B1.....	5 mg
Vitamin B3.....	35 mg
Vitamin B6	10 mg
Folate.....	800 mcg
Vitamin B12.....	.50 mcg
Biotin.....	400 mcg
Vitamin B5.....	15 mg
Inositol.....	.2 mg
Calcium.....	180 mg
Iron.....	25 mg
Iodine	100 mcg
Magnesium	60 mg
Zinc	35 mg
Copper.....	2000 mcg

Omega 3-6-9

Softgels

Source of essential fatty acids
for the maintenance of
good health.

Nutritional Information

Borage oil (Borago officinalis, Borago officinalis - Seed).....400 mg
Fish oil (Fish oil fish - Whole).....400 mg
Flaxseed oil
(Linum usitatissimum, Linum usitatissimum - Seed).....400 mg

Fish Oil

Softgels

Source of Omega-3 Fatty acids,
supports cardiovascular and
cognitive health.

Nutritional Information

Fish oil (Fish oil fish, Whole).....1000 mg

Cod Liver Oil

Softgel

Source of Vitamin A
and Omega-3 Fatty acids.

Nutritional Information

Cod liver oil (Liver).....1000 mg

Flaxseed Oil

Softgels

Source of essential Fatty acids
for maintenance of good health.

Nutritional Information

Flaxseed oil (Linum usitatissimum, Linum usitatissimum- Seed)
.....1000 mg

Calcium and Vit D3

Tablet

Helps in the development and
maintenance of bones and teeth.

Nutritional Information

Calcium (Calcium carbonate).....600 mg
Vitamin D3 (Vitamin D, Cholecalciferol).....12.5 mg

Iron

Tablet

Helps to prevent iron deficiency
anaemia.

Nutritional Information

Iron (Iron (II) gluconate).....37.5 mg

Wild Samon and Fish Oil

Softgel

Helps support/maintain good
cardiovascular health.

Nutritional Information

Fish oil (Salmonidae, Whole).....1000 mg

Vitamins, Minerals and Essentials

Niacin

Capsule

Helps in energy metabolism and tissue formation.

Nutritional Information

Niacin 50 mg

Magnesium Citrate

Capsule

Helps in the development and maintenance of bones and teeth.

Nutritional Information

Magnesium (Magnesium citrate) 500 mg

Magnesium Glycinate

Capsule

Helps in the development and maintenance of bones and teeth.

Nutritional Information

Magnesium (Magnesium glycinate) 500 mg

Potassium

Capsule

Helps to prevent potassium deficiency due to low dietary intake.

Nutritional Information

Potassium 100 mg

Chromium

Capsule

Used in Herbal Medicine to aid digestion and to help relieve flatulent dyspepsia.

Nutritional Information

Turmeric (Curcuma Longa, Rhizome) 500 mg
(10:1, QCE 5000 milligrams)

Beta-Carotene

Capsule

Used in Herbal Medicine to aid digestion.

Nutritional Information

Cayenne (Capsicum annum, Fruit) 100 mg
(4:1, QCE 400 milligrams)

Vitamin A

Tablet

Nutritional Information

Vitamin A 3000 mcg Retinol activity equivalents

Vitamin B1

Capsule

Nutritional Information

Vitamin B1 (Thiamine) 100 mg

Vitamin B2

Capsule

Nutritional Information

Vitamin B2 (Riboflavin) 100 mg

Vitamin B6

Capsule

Nutritional Information

Vitamin B6 (Pyridoxamine) 100 mg

Vitamin B12

Tablet

Nutritional Information

Vitamin B12 (Methylcobalamin) 500 mcg

Vitamin D3

Tablet

Nutritional Information

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Vitamins, Minerals and Essentials

Vitamin E

Tablet

Nutritional Information

Vitamin E (dl-alpha Tocopherol).....268 mg

Vitamin E

Softgel

Nutritional Information

Vitamin E (dl-alpha Tocopherol).....268 mg

Vitamin E

Capsule

Nutritional Information

Vitamin E (dl-alpha Tocopherol).....268 mg

Vitamin K

Tablet

Nutritional Information

Phylloquinone (Vitamin K1).....100 mcg

Pre Natal Vitamins

Gummies

Nutritional Information

Beta-Carotene.....	300 mcg
Biotin.....	.400 mcg
Calcium.....	.180 mg
Copper.....	2000 mcg
Folate.....	.800 mcg
Inositol.....	.2 mg
Iodine.....	100 mcg
Iron.....	.25 mg
Magnesium.....	.60 mg
Vitamin B3.....	.35 mg
Vitamin B5.....	.15 mg
Vitamin B2.....	.5 mg
Vitamin B1.....	.5 mg
Vitamin B12.....	.50 mcg
Vitamin B6.....	.10 mg
Vitamin C.....	.150 mg
Vitamin D3.....	.10 mcg

Hydrolyzed Fish Collagen

Powder

Helps to reduce joint pain associated with osteoarthritis.

Nutritional Information

Hydrolyzed Collagen (Hydrolyzed collagen, Fish).....7.8 g

L-Arginine

Capsule

Improves your athletic performance.

Nutritional Information

L-Arginine.....400 mg

L-Carnitine

Capsule

Helps support fat metabolism.

Nutritional Information

L-Carnitine (L-Cartinine tartrate).....750 mg

L-Glutamine

Capsule

Helps in post-workout recovery, supporting the repair of damaged muscles.

Nutritional Information

L-Glutamine.....650 mg

L-Lysine

Capsule

Helps in the maintenance of good health that provides Immune Support.

Nutritional Information

L-Lysine.....750 mg

Sports Nutrition Supplements

L-Taurine

Capsules

Helps support cardiovascular function.

Nutritional Information

Taurine (2-Aminoethanesulfonic acid).....	500 mg
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BCAA

Powder

Workout supplement and athletic support.

Nutritional Information

L-Isoleucine.....	900 mg
L-Leucine.....	1800 mg
L-Valine.....	900 mg
L-Glutamine.....	1250 mg
Beta-Alanine (beta-Aminopropionic acid).....	1150 mg

BCAA

Capsule

Workout supplement and athletic support.

Nutritional Information

L-Isoleucine.....	900 mg
L-Leucine.....	1800 mg
L-Valine.....	900 mg
L-Glutamine.....	1250 mg
Beta-Alanine (beta-Aminopropionic acid).....	1150 mg

Whey Protein Isolate

Source of essential amino acids for the muscle protein synthesis.

Nutritional Information

Whey Protein Isolate (Whey protein isolate, Bos taurus - Milk).....	27 g
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Whey Protein Concentrate

Source of essential amino acids for the muscle protein synthesis.

Nutritional Information

Whey Protein Concentrate (Whey protein concentrate, Bos taurus - Milk).....	27 g
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CLA

Softgel

Supports modest reduction in fat mass when used with a program with reduced intake of dietary calories and increased physical activity.

Nutritional Information

CLA (Conjugated linoleic acid).....	800 mg
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CLA

Softgel

Supports modest reduction in fat mass when used with a program with reduced intake of dietary calories and increased physical activity.

Nutritional Information

CLA (Conjugated linoleic acid).....	1000 mg
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Tyrosine

Capsule

Workout supplement and athletic support.

Nutritional Information

Tyrosine (L-Tyrosine).....	500 mg
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Pre Workout

Powder

Helps to promote endurance and enhance motor performance.

Nutritional Information

Vitamin C (Ascorbic acid).....	280 mg
Niacinamide	30 mg
Vitamin B6.....	0.035 mg
Folic acid.....	150 mcg
Vitamin B12.....	20 mcg
Calcium (Calcium silicate)	18.3 mg
Beta-alanine.....	1.5g
Creatine monohydrate.....	1 g
L-Arginine	1g
L-Citrulline.....	1g
L-Tyrosine.....	500 mg
Caffeine.....	250 mg

Sports Nutrition Supplements

L-Glutamine

Powder

Helps to support immune system health after periods of physical stress.

Nutritional Information

L-Glutamine.....	5000 mg
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Creatine

Capsule

Increases body/muscle/mass size when used in conjunction with a resistance training program.

Nutritional Information

Creatine monohydrate.....	100 mg
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Creatine

Powder

Increases body/muscle/mass size when used in conjunction with a resistance training program.

Nutritional Information

Creatine monohydrate.....	5 g
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Pea Protein

Powder (Vegan Protein)

Helps to build and repair body tissues.

Nutritional Information

Pea Protein (Pea Protein, Pisum sativum - Seed).....	24 g
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Hemp Protein Isolate

Powder

Workout Supplement and Athletic Support

Nutritional Information

Hemp Protein Isolate (Cannabis Sativa Seed)	10 gms (90 % Protein)
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Hemp Protein Concentrate

Powder

Workout Supplement and Athletic Support

Nutritional Information

Hemp Protein Concentrate (Cannabis Sativa Seed)	10 gms (90 % Protein)
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Flaxseed Protein

Powder

Assists in the building of lean muscle mass.

Nutritional Information

Flaxseed Protein (Flaxseed Protein, Linum usitatissimum - Seed)	10 g
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Casein

Powder

Helps to build and repair body tissues.

Nutritional Information

Micellar Casein (Casein micelles).....	15 g
Milk protein concentrate.....	14.5 g
Calcium caseinate.....	2.5 g

Muscle Mass Gainer

Powder

Improves strength and performance.

Nutritional Information

Calcium (Calcium caseinate)	1 g
L-Arginine.....	1 g
L-Leucine.....	3 g
L-Lysine.....	500 mg
Flaxseed (Linum usitatissimum).....	1 g
Creatine (Creatine monohydrate).....	5 g
Fenugreek (Trigonella foenumgraecum).....	2 g
Whey protein concentrate	14 g

Lean Amino

Powder

Helps delay fatigue during physical activity.

Nutritional Information

L-Threonine.....	.70 mg
L-Glutamine.....	500 mg
L-Valine.....	400 mg
L-Methionine.....	.35 mg
L-Leucine.....	400 mg
L-Arginine.....	150 mg
Citrulline	150 mg
L-Histidine25 mg
L-Tyrosine50 mg
Caffeine	100 mg
Taurine.....	300 mg
beta-Alanine	450 mg
Green tea extract.....	.5 mg